

FSIC's Weekly Produce Report



| May 22, 2023 |

FSIC's weekly produce report provides highlights of what's going on in the produce markets so restaurants can make informed purchasing decisions.

▼ Prices are down this week ▲ Availability is down or prices are up this week ↔ Price and/or availability is stable or mixed

Apples

↔ The Washington market is mixed. WA supply of Galas and Honeycrisps is up. Red Delicious, Fugis, and Granny Smith are steady. Light supply. Moderate demand.

Asparagus

▲ The market is up. Peru supply is up. Light supply and demand.

Avocado

↔ Market is mixed. Mexico supply of 36 and 40s are flat while 48s are up, 60s and 70s are down. Moderate supply and demand.

Bell Peppers

↔ **Green bell peppers:** Market is steady. FL supply is steady. Light supply. Moderate demand. CA supply is steady. Moderate supply. Good demand.

▼ **Red bell peppers:** Market is down. Mexico supply is down. Moderate supply. Light demand.

Berries

▼ **Strawberries:** The market is down. Moderate supply. Light demand. Moderate quality. Supplies expected to increase due to warm weather.

Broccoli

▼ The broccoli market is down. Good supply and demand. Good quality.

Carrots

↔ The market is mixed. Kern, CA supply is up. Moderate supply and demand. Mexico supply is steady. Moderate supply and demand.

Cauliflower

▼ The cauliflower market is down. Good supply and demand. Good quality. Improving supplies.

Celery

▲ The celery market is up. Fair supply. Good demand. Fair quality.

Cucumbers

▲ Market is up. Mexico supply through AZ is up. Moderate supply. Good demand. Florida supply is up. Light supply and demand. Mexico supply through TX is up. Moderate supply and demand.

Grapes

↔ Market is mixed. Chile supply is steady. Light supply. Moderate demand. Limited supply until Mexican supplies are available.

Lemons

↔ Market is steady. Moderate supply, demand, and quality.

Lettuce

▼ **Iceberg:** The iceberg market is down. Moderate supply. Good demand and quality.

▼ **Leaf:** The green leaf market is down. Good supply and demand. Good quality. Romaine supply is down. Good supply and demand. Good quality.

Limes

▼ Market is down. Moderate supply, demand, and quality.

Melons

↔ **Cantaloupe:** Market is steady. Fair supply. Moderate demand. Good quality.

↔ **Honeydew:** Market is steady. Fair supply. Moderate demand. Good quality.

Onions

↔ The jumbo yellow onion is steady. TX supply is steady. Moderate supply and demand.

Oranges

▲ Market is up. Moderate supply, demand, and quality.

Potatoes

↔ **Russets:** Market is mixed. OR and WA 70 ct. and 90 ct. Norkotahs supply is steady. Moderate supply and demand. ID supply of 70 ct. is steady while 90 ct. Norkotahs are up. Moderate supply and demand.

↔ **Reds:** Market is steady. MN supply is steady. Moderate supply, quality, and demand.

↔ **Yellow:** Market is steady. FL supply is steady. Moderate supply, quality, and demand.

Squash

▼ Market is down. Light supply. Moderate demand.

Tomatoes

▲ **Rounds:** The market is up. Moderate supply. Good demand.

▲ **Cherry:** The market is up. FL supply is up. Light supply. Good demand.

↔ **Grape:** The market is steady. Mexico supply through TX is steady. Moderate supply. Light demand.

▲ **Romas:** The market is up. Mexico supply through TX is up. Moderate supply. Good demand. Mexico supply through AZ is up. Moderate supply. Good demand. FL supply is up. Moderate supply and demand.