# FSIC's Weekly Produce Report

| December 5, 2022 |

**FSIC's weekly produce report provides highlights of what's going on in the produce markets so restaurants can make informed purchasing decisions.**

▼ Prices are down this week ▲ Availability is down or prices are up this week ↔ Price and/or availability is stable or mixed

**Apples**
↔ The Washington market is mixed. Fuji and Granny Smith supply is down. Moderate supply and demand. Gala and Red Delicious supply is up with moderate supply and good demand.

**Asparagus**
▲ The market is up. Peru supply is up. Light supply and demand.

**Avocado**
↔Market is mixed. Mexico supply of 36s is steady. 40s, 48s, and 60s are down. 70s are up. Moderate supply and demand.

**Bell Peppers**
↔ **Green bell peppers:** Market is steady. Coachella Valley, CA supply is steady. Moderate supply and demand.
↔ **Red bell peppers:** Market is steady. Moderate supply and demand.

**Berries**
▼ **Strawberries:** The market is down. Moderate supply due to weather. Fair demand. Good quality.

**Broccoli**
▲ The broccoli market is up. Light supply. Strong demand. Fair quality.

**Carrots**
↔ The market is steady. Kern, CA and Mexico supply is steady. Moderate supply and demand.

**Cauliflower**
▼ The cauliflower market is down. Light supply. Strong demand. High pricing.

**Celery**
▼ The celery market is down. Moderate supply. Good demand. Fair quality. Quality issues may include disease pressure.

**Cucumbers**
↔ Market is mixed. Western supply out of Mexico through Otay, AZ and TX is steady. GA supply is up. Good supply. Moderate demand.

**Grapes**
↔ Market is mixed. Kern, CA supply of all varieties is steady. Moderate supply and demand.

**Lemons**
↔ Market is steady to up. Improving supply. fair demand. Good quality.

**Lettuce**
↔ **Iceberg:** The iceberg market is steady to down. Fair supply. Good demand. Fair quality. Weather affecting quality. High pricing.
▼ **Leaf:** The green leaf market is down. Light supply. Strong demand. Fair quality. High pricing. Romaine supply is down. Fair supply. Good demand. Fair quality. High pricing.

**Limes**
▲ Market is up. Moderate supply. Good supply. Fair demand. Good quality. New crop supplies expected early December.

**Melons**
↔ **Cantaloupe:** Market is steady. Light supply and demand. Fair quality. Slow beginning to imported supplies.
↔ **Honeydew:** Market is steady. Light supply and demand. Fair quality. Imported supplies expected to begin arriving in the next few weeks.

**Onions**
↔ The jumbo yellow onion is steady. WA, OR and Id supply is steady. Moderate supply and demand.

**Oranges**
↔ Market is steady to down. Improving supply. Good demand. Good quality.

**Potatoes**
↔ **Russets:** Market is steady. Light supply.
↔ **Reds:** Market is steady. WI supply is steady. Moderate supply and demand.
↔ **Yellow:** Market is steady. Central WI supply is steady. Moderate supply and demand.

**Squash**
▼ Market is down. Good supply. Moderate demand. Fair quality.

**Tomatoes**
▲ **Rounds:** The market is mixed. Mexico supply through TX is up. Fair supply and demand. FL supply is up. Poor supply. Fair demand.
↔ **Cherry:** The market is steady. FL supply is steady. Fair supply and demand. Mexico supply is steady. Moderate supply and demand.
↔ **Grape:** The market is steady. Mexico supply through Otay is down. Good supply. Moderate demand. Mexico supply through TX is up. Fair supply. Moderate demand.
▼ **Romas:** The market is down. Mexico supply through TX is steady. Fair supply and demand. Mexico supply through Otay is steady. Moderate supply and demand.