

# FSIC's Weekly Produce Report



| October 19, 2026 |

**FSIC's** weekly produce report provides highlights of what's going on in the produce markets so restaurants can make informed purchasing decisions.

▼ Prices are down this week    ▲ Availability is down or prices are up this week    ↔ Price and/or availability is stable or mixed.

## Apples

↔ Market is steady. WA supply of Gala, Granny Smith, Golden Delicious, Honeycrisp, Red Delicious, and Pink Lady/Cripps Pink is steady.

## Asparagus

▼ Market is down. Peru supply is down. Increasing supply.

## Avocado

↔ Market is steady. Mexico supply of 48s is steady. Good supply. Fair-Good demand. Good quality.

## Bell Peppers

↔ **Green bell peppers:** Market is steady. CA supply is steady. Good supply and demand. Fair-good quality.

▲ **Red bell peppers:** Market is up. Mexico supply is up. Good supply. Strong demand. Fair-good quality.

## Berries

▲ **Strawberries:** Market is up. CA supply is up. Light supply.

## Broccoli

▼ Market is down. CA supply is down. Light supply.

## Carrots

↔ Market is steady. CA supply is steady. Good supply.

### **Cauliflower**

▼ Market is down. CA supply is down. Improving supply.

### **Celery**

▲ Market is up. CA supply is up. Light supply. Good quality.

### **Cucumbers**

▼ Market is down. Mexico supply is down. Good supply. Good demand. Good quality.

### **Lemons**

↔ Market is steady. CA supply is steady. Good supply.

### **Lettuce**

▲ **Iceberg:** Market is up. CA supply is up. Light supply. Moderate demand.

▲ **Leaf:** Market is up. CA supply is up. Light supply. Fair-good quality.

▲ **Romaine:** Market is up. CA supply is up. Light supply. Good demand. Fair quality.

### **Limes**

▼ Market is down. Mexico supply of is down. Moderate supply. Good demand. Fair-good quality.

### **Melons**

▼ **Cantaloupe:** Market is down. CA supply is down. Good quality.

↔ **Honeydew:** Market is steady. CA supply is steady. Light supply.

### **Onions**

▼ Market is down. ID and OR supply is down. Supply varies. Light demand. Good quality.

### **Oranges**

▼ Market is down. CA supply is down. Light supply on smaller sizes. Strong demand. Good quality.

### **Potatoes**

▲ **Russets:** Market is steady up. ID supply is up. Light supply on larger sizes. Good quality.

↔ **Reds:** No Information Available.

↔ **Yellow:** No Information Available.

### **Squash**

▼ Market is down. GA supply is down. Light supply. Strong demand. Fair-good quality.

### **Tomatoes**

▲ **Rounds:** Market is up. TN and VA supply is up. Light supply.

▲ **Cherry:** Market is up. TN and VA supply is up. Light supply.

- ▲ **Grape:** Market is up. TN and VA supply is up. Light supply.
- ▲ **Romas:** Market is up. Mexico supply is up. Light supply.