

BooFSIC's Weekly Produce Report



| April 1, 2024 |

FSIC's weekly produce report provides highlights of what's going on in the produce markets so restaurants can make informed purchasing decisions.

▼ Prices are down this week ▲ Availability is down or prices are up this week ↔ Price and/or availability is stable or mixed.

Apples

↔ The market is mixed. WA supply of Fuji is up. Red Delicious, Granny Smith, and Gala supplies are steady. Fuji supply is up. Moderate supply and demand.

Asparagus

▲ The market is up. Heavy supply. Good demand.

Avocado

▲ Market is up. Mexico's supply through TX of 40s, 48s, 60s, and 70s is up. Heavy supply. Good demand.

Bell Peppers

▼ **Green bell peppers:** Market is down. AZ supply is down. Moderate supply. Light demand.

▼ **Red bell peppers:** Market is down. AZ supply is down. Moderate supply. Light demand.

Berries

▲ **Strawberries:** The market is up out of all regions. Moderate supply and demand.

Broccoli

▲ The broccoli market is up. AZ supply is up. Moderate supply and demand.

Carrots

↔ The market is steady. CA, supply is steady. Moderate supply and demand.

Cauliflower

▲ The cauliflower market is up. CA supply is up. Moderate supply. Light demand.

Celery

▲ The celery market is up. CA and AZ supply is up. Moderate supply and demand.

Cucumbers

↔ Market is mixed. Mexico's supply through TX is steady. Mexico through AZ supply is up. Moderate supply. Light demand. Central America through FL supply is down. Moderate supply and demand. FL supply is up. Light supply. Good demand.

Grapes

↔ Market is mixed. Chile supply through PA of White Seedless is down. Red Seedless is up. Moderate supply and demand.

Lemons

▲ Market is up. CA and AZ supply is up. Light supply. Moderate demand.

Lettuce

▼ **Iceberg:** The Iceberg market is down. Moderate supply and demand.

▼ **Leaf:** The green leaf market is down. Moderate supply and demand.

▼ **Romaine:** Romaine supply is down. Light supply. Good demand.

Limes

▼ Market is down. Mexico's supply through TX of 150s, 200s, and 250s is down. Light supply. Good demand.

Melons

▲ **Cantaloupe:** Market is up. Central America supply through FL 9ct. and 12 ct. is up. Moderate supply. Good demand.

▲ **Honeydew:** Market is up. Central America supply through FL is up. Moderate supply. Good demand.

Onions

↔ The jumbo yellow onion is mixed. WA and Western/Central supply is down. Moderate supply. Good demand. ID and Eastern OR supply is steady. Light supply. Good demand.

Oranges

▼ Market is down. CA and AZ supply is down. Moderate supply and demand.

Potatoes

↔ **Russets:** Market is mixed. OR and WA supply 70 ct. and 90 ct. is steady. Moderate supply. Light demand. ID supply of 70 ct. is down. 90 ct. is steady. Moderate supply and demand.

↔ **Reds:** Market is mixed. MN and ND supply is steady. FL supply is up. Moderate supply and demand.

↔ **Yellow:** Market is steady. Moderate supply and demand.

Squash

↔ Market is steady. Moderate supply and demand.

Tomatoes

▲ **Rounds:** The market is up. Mexico through TX supply is up. Moderate supply. Good demand.

▼ **Cherry:** The market is down. FL supply is down. Light supply and demand.

↔ **Grape:** The market is steady. Mexico's supply through TX is steady. Moderate supply and demand.

▲ **Romas:** The market is up. Mexico supply through TX is up. Moderate supply. Good demand.