**FSIC's Weekly Produce Report** 



| December 22, 2025 |

<u>FSIC</u>'s weekly produce report provides highlights of what's going on in the produce markets so restaurants can make informed purchasing decisions.

▼ Prices are down this week ▲ Availability is down or prices are up this week ↔ Price and/or availability is stable or mixed.

# **Apples**

→ Market is mixed. WA supply of Honeycrisp and Gala is up. WA supply of Granny Smith and Golden Delicious is steady. WA supply of Red Delicious and Pink Lady/Cripps Pink is down. Moderate supply and demand.

# **Asparagus**

▲ Market is up. Peru supply is up. Fair supply. Moderate demand.

### **Avocado**

→ Market is steady. Mexico supply of 40s, 48s, 60s, and 70s is steady. Moderate supply and demand. Good quality.

# **Bell Peppers**

- ▼ **Green bell peppers:** Market is down. Moderate supply and demand. Good-Excellent quality.
- → **Red bell peppers:** Market is mixed. Mexico supply through TX is up. Moderate supply and demand. Mexico supply through AZ is down. Improving supply. Moderate demand. Good quality.

#### Berries

▼ **Strawberries:** Market is down. Moderate supply and demand. Good quality.

#### Broccoli

▲ Market is up. AZ supply is up. Moderate supply. Good demand. Fair-good Quality.

#### **Carrots**

→ Market is steady. CA supply is steady. Moderate supply and demand.

### Cauliflower

▲ Market is up. AZ supply is up. Moderate supply. Good demand. Fair-good quality.

## Celery

▲ Market is up. Oxnard, CA, supply is up. Moderate supply. Good demand. Good quality.

#### **Cucumbers**

→ Market is mixed. Mexico supply through TX is up. Moderate supply and demand. Mexico supply through AZ is up. Good supply and demand. FL supply is steady. Fair supply. Moderate demand. Fair-good quality.

### Lemons

▲ Market is up. AZ and CA supply is up. Moderate supply and demand. Good-excellent quality.

### Lettuce

- ▼ Iceberg: Market is down. AZ supply is down. Good supply. Moderate demand. Fair quality.
- **▼ Leaf:** Market is down. AZ supply is down. Good supply. Moderate demand. Good quality.
- **▼ Romaine:** Market is down. AZ supply is down. Good supply. Moderate demand. Quality issues expected.

### Limes

▲ Market is up. Mexico supply through TX of 200s and 250s is up. Fair supply. Moderate demand. Good quality.

#### **Melons**

- **▼ Cantaloupe:** Market is down. FL and Central America supply of 9 ct. through CA is down. Moderate supply and demand. Good quality.
- ▲ Honeydew: Market is up. Moderate supply and demand.

### Onions

→ Market is steady. WA/OR supply is steady. ID/OR supply is steady. Moderate supply and demand.

# **Oranges**

▲ Market is up. CA and AZ supply is up. Moderate supply and demand. Good-excellent quality.

#### **Potatoes**

- → Russets: Market is steady. ID supply is steady. Moderate supply and demand.
  Good quality.
- → **Reds:** Market is steady. MN and ND supply is steady. Moderate supply and demand. Good quality.
- → Yellow: Market is steady. WI supply is steady. Moderate supply and demand. Good quality.

## Squash

→ Market is steady. Moderate supply and demand.

#### **Tomatoes**

- ▲ Rounds: Market is up. Mexico supply through TX is up. Moderate supply and demand.
- → **Cherry:** Market is steady. Mexico supply through TX is steady. Moderate supply and demand.
- ← **Grape:** Market is steady. Mexico supply through TX is steady. Moderate supply and demand.
- ▲ Romas: Market is up. Mexico supply through TX is up. Fair supply. Moderate demand.