

FSIC's Weekly Produce Report



| August 1, 2022 |

FSIC's weekly produce report provides highlights of what's going on in the produce markets so restaurants can make informed purchasing decisions.

▼ Prices are down this week ▲ Availability is down or prices are up this week ↔ Price and/or availability is stable or mixed

Apples

↔ The Washington market is steady. Moderate supply and demand. Light supply expected of Gala, Fuji and Golden Delicious mid-late August.

Asparagus

▲ The market is up. Peru supply is up. Moderate supply and demand. Mexico supply is up. Light supply. Good demand.

Avocado

▼ Market is down. CA supply of 40s and 48s are steady. 36s, 60s and 70s are down. Moderate supply. Light demand. Mexico supply of 36s are steady. 40s, 48s, 60s and 70s are down. Moderate supply. Light demand. Peru supply of 36s are steady. 40s are up. 48s and 60s are down. Light supply. Moderate demand.

Bell Peppers

▲ **Green bell peppers:** Market is up. San Juaquin, CA supply is up. Moderate supply. Good demand.

↔ **Red bell peppers:** Market is steady. CA supply is steady. Moderate supply. Good demand.

Berries

▲ **Strawberries:** The market is up. Good quality. Quality issues may include occasional green tips, overripe fruit and possible pin rot.

Broccoli

▼ The broccoli market is down. Fair supply. Good demand. Good quality.

Carrots

↔ The market is steady. Mexico and Kern, CA supply is steady. Moderate supply and demand.

Cauliflower

▼ The cauliflower market is down. Good supply. Fair demand. Good quality.

Celery

▼ The celery market is down. Good supply and demand. Good quality.

Cucumbers

↔ Market is mixed. Western supply out of Mexico through TX is up. Mexico supply through Otay is down. Moderate supply and demand. MI supply is down. Moderate supply. Light demand.

Grapes

▼ Market is down. CA supply of Flame Seedless and Summer Royal is down. Moderate supply. Good demand.

Lemons

↔ Market is flat. Peaking on 140s and smaller Choice sizes. Light supply of Fancy lemons. Increase supply of import lemons expected.

Lettuce

▲ **Iceberg:** The iceberg market is up. Fair supply and demand. Fair quality.

↔ **Leaf:** The green leaf market is mixed. Fair to Good supply and demand. Good quality. Quality issues affected by weather and bug pressure is an issue. Quality issues may include signs of windburn and fringe burn. The Romain market is up. Good supply and demand. Good quality. Quality issues may include light windburn.

Limes

▲ Market is up. Peaking on smaller-sizes.

Melons

▼ **Cantaloupe:** Market is down. Desert region, CA and AZ, production has finished. Central CA production expected to increase with light supply. Demand exceeds supply. Increased prices. Peaking on jumbo 9 ct.

↔ **Honeydew:** Market is flat. Desert region, CA and AZ, production has finished. Central CA production expected to increase with light supply. Demand exceeds supply. Peaking on jumbo 5 ct.

Onions

↔ The jumbo yellow onion is mixed. CA supply is steady. NM supply is down. Moderate supply. Good demand.

Oranges

↔ Market is flat. Good supply of Valencia oranges. Most sizes available.

Potatoes

▲ **Russets:** Market is up. ID supply of 70 ct. and 90 ct. Burbanks are up. CO 70 ct. potatoes are up and 90 ct. potatoes are steady. Light supply until new crop harvest begins mid-August. Demand exceeds supply.

↔ **Reds:** Market is steady. CA supply is steady. Moderate supply. Light demand.

↔ **Yellow:** Market is steady. CA supply is steady. Moderate supply and demand.

Squash

↔ Market is mixed. SC supply is down. MI supply is steady. Light supply. Moderate demand.

Tomatoes

↔ **Rounds:** The market is mixed. AL supply is steady. Mexico supply through TX and Eastern U.S. supply is up. Moderate supply and demand in all regions.

↔ **Cherry:** The market is mixed. Eastern U.S. is up. Light supply. Moderate demand. Mexico supply is down. Moderate supply. Good demand.

↔ **Grape:** The market is mixed. Eastern U.S. supply is up. Light supply. Good demand. Mexico supply through TX and Otay is up. Moderate supply. Good demand.

↔ **Romas:** The market is mixed. Mexico supply through TX and CA supply is steady. Mexico supply through Otay is down. Moderate supply and demand. Eastern U.S. supply is down. Moderate supply and demand.