

# FSIC's Weekly Produce Report



| September 30, 2024 |

**FSIC's** weekly produce report provides highlights of what's going on in the produce markets so restaurants can make informed purchasing decisions.

▼ Prices are down this week ▲ Availability is down or prices are up this week ↔ Price and/or availability is stable or mixed.

## Apples

↔ The market is mixed. WA supply of Fuji, Honeycrisp, Pink Lady/Cripps Pink and Red Delicious is steady. WA supply of Granny Smith is up. WA supply of Gala is down. Moderate supply and demand.

## Asparagus

▲ The market is up. Light supply. Good demand. Elevated market continuing to result in light supply.

## Avocado

↔ Market is mixed. Mexico supply of 40s and 48s is down. Mexico supply of 60s and 70s is up. Moderate supply and demand.

## Bell Peppers

▲ **Green bell peppers:** Market is up. Moderate supply and demand.

▼ **Red bell peppers:** Market is down. Moderate supply and demand.

## Berries

▼ **Strawberries:** The market is down. CA supply is down. Moderate supply. Light demand.

## Broccoli

▲ The broccoli market is up. CA supply is up. Moderate supply and demand.

## Carrots

↔ The market is flat. Moderate supply and demand.

## **Cauliflower**

▼ The cauliflower market is down. CA supply is down. Moderate supply. Light demand.

## **Celery**

▲ The celery market is up. CA supply is up. Moderate supply. Good demand.

## **Cucumbers**

↔ Market is mixed. Mexico supply through TX is down. Moderate supply and demand. Mexico supply through CA is down. Light supply. Moderate demand. MI supply is down. Light supply. Moderate demand. GA supply is steady. Moderate supply and demand.

## **Lemons**

▼ Market is down. CA supply is down. Light supply. Moderate demand.

## **Lettuce**

▲ **Iceberg:** The Iceberg market is up. CA supply is up. Moderate supply and demand.

▼ **Leaf:** The green leaf market is down. Moderate supply and demand.

↔ **Romaine:** Romaine supply is steady. Moderate supply and demand.

## **Limes**

▼ Market is down. Mexico's supply through TX of 200s and 250s is down. Light supply and demand. Peaking on smaller sizes.

## **Melons**

▲ **Cantaloupe:** Market is up. San Joaquin, CA supply of 9 ct. and 12 ct. is up. Moderate supply. Good demand.

↔ **Honeydew:** Market is steady. CA supply is steady. Moderate supply and demand.

## **Onions**

▼ The jumbo yellow onion is down. Moderate supply and demand.

## **Oranges**

▲ Market is up. CA supply is up. Moderate supply and demand.

## **Potatoes**

↔ **Russets:** Market is mixed. ID supply of 70 ct. is down and 90 ct. is up. Moderate supply. Good demand.

↔ **Reds:** Market is steady. MN supply is steady. Light supply and demand. WI supply is steady. Moderate supply and demand.

↔ **Yellow:** Market is steady. MI supply is steady. Moderate supply. Light demand. WI supply is steady. Moderate supply and demand.

## **Squash**

↔ Market is steady. MI supply is steady. Light supply. Good demand.

## **Tomatoes**

▼ **Rounds:** The market is down. Moderate supply and demand.

▲ **Cherry:** The market is up. Light supply and demand.

▼ **Grape:** The market is down. Moderate supply. Light demand.

▼ **Romas:** The market is down. Moderate supply. Light demand.