

FSIC's Weekly Produce Report



| March 20, 2023 |

FSIC's weekly produce report provides highlights of what's going on in the produce markets so restaurants can make informed purchasing decisions.

▼ Prices are down this week ▲ Availability is down or prices are up this week ↔ Price and/or availability is stable or mixed

Apples

↔ The Washington market is mixed. WA supply of Fuji, Galas and Granny Smith is down. Honeycrisp and Red Delicious are up. Light supply. Moderate demand.

Asparagus

↔ The market is steady. Mexico supply is steady. Light supply. Moderate demand.

Avocado

↔ Market is mixed. Mexico supply of 36s is flat. 40s and 48s are down. 60s and 70s are up. Light supply. Moderate demand. Fair quality.

Bell Peppers

↔ **Green bell peppers:** Market is steady. FL supply is steady. Moderate supply and demand. Moderate quality.

↔ **Red bell peppers:** Market is steady. FL supply is steady. Moderate supply and demand. Moderate quality.

Berries

↔ **Strawberries:** The market is steady. Light supply. Moderate demand and quality.

Broccoli

▲ The broccoli market is up. Moderate supply. Good demand. Good quality.

Carrots

↔ The market is mixed. Kern, CA supply is steady. Moderate supply. Good demand. Fair quality. Mexico supply is up. Moderate supply and demand. Fair quality.

Cauliflower

▼ The cauliflower market is up. Fair supply. Good demand. Good quality.

Celery

▲ The celery market is up. Poor supply. Good demand. Fair quality.

Cucumbers

▼ Market is down. Poor supply. Good demand. Fair quality.

Grapes

▼ Market is down. Peru supply of Red Seedless is steady. Red Globes are down. Chile supply of Red Seedless is down. Heavy supply. Light demand.

Lemons

↔ Market is steady. Light supply. Moderate demand. Fair quality.

Lettuce

▼ **Iceberg:** The iceberg market is down. Moderate supply. Good demand. Good quality.

▲ **Leaf:** The green leaf market is up. Good supply. Fair demand. Moderate quality. Romaine supply is steady. Moderate supply. Good demand. Good quality.

Limes

▼ Market is down. Light supply. Moderate demand. Fair quality.

Melons

▼ **Cantaloupe:** Market is down. Moderate supply and demand. Moderate quality.

▼ **Honeydew:** Market is down. Moderate supply and demand. Moderate quality.

Onions

↔ The jumbo yellow onion is steady. WA and OR supply is steady. Moderate supply. Light demand. Tight supply is expected to continue.

Oranges

▲ Market is up. Light supply. Moderate demand. Fair quality.

Potatoes

↔ **Russets:** Market is mixed. OR and WA 70 ct. and 90 ct. Norkotahs are steady. Moderate supply and demand. ID supply of 70 ct. Norkotahs are up. 90 ct. Norkotahs are steady. Moderate supply and demand.

↔ **Reds:** Market is steady. MN supply is steady. Moderate supply and demand. Fair quality.

↔ **Yellow:** Market is steady. FL supply is steady. Moderate supply and demand. Fair quality.

Squash

↔ Market is steady. Fair supply and demand. Fair quality.

Tomatoes

▲ **Rounds:** The market is up. Mexico supply through TX is up. Moderate supply and demand. Fair quality.

▼ **Cherry:** The market is down. FL supply is down. Light supply and demand. Fair quality.

↔ **Grape:** The market is steady. Mexico supply through TX is steady. Moderate supply and demand. Fair quality.

▲ **Romas:** The market is up. Mexico supply through TX is up. Moderate supply. Good demand. Fair quality. Mexico supply through AZ and FL is up. Moderate supply. Good demand. Fair quality.