FSIC's Weekly Produce Report

| September 26, 2022 |

FSIC's weekly produce report provides highlights of what's going on in the produce markets so restaurants can make informed purchasing decisions.

▼ Prices are down this week ▲ Availability is down or prices are up this week ↔ Price and/or availability is stable or mixed

Apples

↔ The Washington market is steady. Light supply and moderate demand on Fuji apples. WA supply of all other varieties are steady. Light supply. Moderate demand. Light supply expected over the next few weeks of Gala, Fuji and Red Delicious. CA supply orders to avoid supply gap.

Asparagus

▼ The market is down. Peru supply is down. Heavy supply. Light demand. Mexico supply is down. Moderate supply. Light demand.

Avocado

↔ Market is mixed. Mexico supply of 36s, 60s and 70s is down. 48s are steady. 40s are up. Moderate supply and demand. Peru supply of 36s, 40s, 48s and 60s is up. Light supply. Moderate demand.

Bell Peppers

▼ **Green bell peppers:** Market is down. San Juaquin, CA supply is down. Moderate supply. Good demand.

↔ **Red bell peppers:** Market is steady. San Joaquin Valley, CA supply is steady. Moderate supply. Good demand.

Berries

▼ **Strawberries:** The market is down. Wide range supply. Moderate demand.

Broccoli

▼ The broccoli market is down. Good supply and demand. Fair quality.

Carrots

↔ The market is steady. Mexico supply is steady. Kern, CA supply is steady. Moderate supply and demand.

Cauliflower

▲ The cauliflower market is up. Good supply and demand. Good quality.

Celery

▲ The celery market is up. Fair supply and demand. Fair quality.

Cucumbers

↔ Market is mixed. Western supply out of Mexico through TX and Otay is up. Moderate supply. Good demand. MI supply is steady. Light supply. Moderate demand.

Grapes

↔ Market is steady. Kern, CA supply of Black Seedless, Red Seedless, Red Globes and White Seedless is steady. Moderate supply and demand. San Joaquin Valley, CA supply of Red Seedless, White Seedless and Red Globes is steady. Moderate supply and demand.

Lemons

↔ Market is steady. Peaking on 115s and 140s. Fair quality.

Lettuce

▲ **Iceberg:** The iceberg market is up. Fair supply. Good demand. Good quality. Supply and quality challenges through end of season.

▲ **Leaf:** The green leaf market is up. Fair supply. Good demand. Fair quality. Supply and quality challenges through end of season. Romaine supply is up. Light supply. Good demand. Fair quality. Supply and quality challenges through end of season.

Limes

▼ Market is down. Peaking on 230 ct., 200 ct., and 250 ct. Light supply of 110 ct., 150 ct., and 175 ct. 150 ct. and 175 ct. supply expected to increase in a few weeks. 110 ct. supply expected to increase in about a month. Fair quality due to stylar.

Melons

▲ **Cantaloupe:** Market is up. Light supply. Moderate demand.

▲ **Honeydew:** Market is up. Light supply. Moderate demand.

Onions

▼ The jumbo yellow onion is down. WA supply is down. Moderate supply. Light demand. ID and OR supply is down. Moderate supply. Light demand.

Oranges

▲ Market is up. Peaking larger sizes. Light supply of small sizes. Demand exceeding supply. Domestic crop may be complete soon.

Potatoes

▼ **Russets:** Market is down. ID supply of 70 ct. Norkotahs and 90 ct. Norkotahs is down. Moderate demand. WA supply of 70 ct. and 90 ct. Norkotahs is down. Light supply. Peaking on small sizes. Demand exceeds supply.

↔ **Reds:** Market is mixed. MN supply is steady. Moderate supply and demand. WI supply is down. Moderate supply and demand.

↔ **Yellow:** Market is steady. Central WI supply is steady. Moderate supply and demand.

Squash

↔ Market is steady. SC supply is steady. Light supply. Good demand. MI supply is down. Light supply. Good demand.

Tomatoes

▼ **Rounds:** The market is down. Mexico supply through TX is down. Moderate supply and demand. TN and AL supply is down. Light supply and demand.

▲ **Cherry:** The market is mixed. Eastern U.S. supply is up. Light supply and demand. Mexico supply is up. Moderate supply and demand.

↔ **Grape:** The market is mixed. Eastern U.S. supply is down. Light supply. Moderate demand. Mexico supply through TX and Otay is up. Moderate supply and demand. NC supply is steady. Moderate supply and demand.
↔ **Romas:** The market is mixed. Mexico supply through TX is steady and Otay is up. Moderate supply. Good demand. NC, TN and CA supply is up. Moderate supply. Good demand.