

# FSIC's Weekly Produce Report



| March 30, 2026 |

**FSIC's** weekly produce report provides highlights of what's going on in the produce markets so restaurants can make informed purchasing decisions.

▼ Prices are down this week ▲ Availability is down or prices are up this week ↔ Price and/or availability is stable or mixed.

## **Apples**

↔ Market is steady. WA supply of Fuji, Granny Smith, Gala, Honeycrisp, and Pink Lady/Cripps Pink, Red Delicious and Golden Delicious is steady. Moderate supply and demand.

## **Asparagus**

▲ Market is up. Mexico supply through CA and AZ is up. Light supply. Moderate demand. Quality issues consistent.

## **Avocado**

↔ Market is steady. Mexico supply of 36s, 40s, 48s, 60s, and 70s is steady. Moderate supply and demand. Good quality.

## **Bell Peppers**

↔ **Green bell peppers:** Market is steady. Mexico supply through AZ is steady. Moderate supply and demand. Good quality.

▲ **Red bell peppers:** Market is up. Mexico supply through AZ is up. Light supply. Moderate demand. Good quality.

## **Berries**

▲ **Strawberries:** Market is up. CA supply is up. Moderate supply and demand. Improving quality.

### **Broccoli**

▼ Market is down. AZ supply is down. Moderate supply and demand. Good quality.

### **Carrots**

▲ Market is up. CA supply is up. Moderate supply and demand.

### **Cauliflower**

▼ Market is down. AZ supply is down. Moderate supply and demand. Fair-good quality.

### **Celery**

▼ Market is down. Oxnard, CA, supply is down. Moderate supply and demand. Fair-good quality.

### **Cucumbers**

↔ Market is mixed. Mexico supply through AZ is up. Mexico supply through TX is down. Moderate supply and demand. Fair-good quality.

### **Lemons**

▲ Market is up. AZ and CA supply is up. Moderate supply and demand. Good quality.

### **Lettuce**

▼ **Iceberg:** Market is down. AZ supply is down. Moderate supply and demand. Fair-good quality.

▼ **Leaf:** Market is down. AZ supply is down. Moderate supply and demand. Good quality.

▼ **Romaine:** Market is down. AZ supply is down. Moderate supply and demand. Fair-good quality.

### **Limes**

▲ Market is up. Mexico supply through TX of 200s and 250s is up. Light supply. Moderate demand. Fair-good quality.

### **Melons**

↔ **Cantaloupe:** Market is steady. Central America supply through CA and FL is steady. Moderate supply and demand. Good quality.

↔ **Honeydew:** Market is steady. Central America supply through FL is steady. Moderate supply and demand. Good quality.

### **Onions**

↔ Market is mixed. Mexico supply through TX is down. WA/OR supply is steady. Moderate supply and demand. Good quality.

## **Oranges**

↔ Market is steady. CA and AZ supply is steady. Moderate supply and demand. Good quality.

## **Potatoes**

↔ **Russets:** Market is steady. Moderate supply and demand. Good quality.

↔ **Reds:** Market is steady. MN and ND supply is steady. Moderate supply and demand. Good quality.

↔ **Yellow:** Market is steady. MI-ND supply is steady. Moderate supply and demand. Good quality.

## **Squash**

▼ Market is down. Light supply. Moderate demand. Good quality.

## **Tomatoes**

▲ **Rounds:** Market is up. Mexico supply through TX is up. Light supply. Moderate demand.

▲ **Cherry:** Market is up. FL supply is up. Moderate supply and demand.

▲ **Grape:** Market is up. Mexico supply through TX is up. Moderate supply and demand.

▲ **Romas:** Market is up. Mexico supply through TX is up. Light supply. Moderate demand.