

FSIC's Weekly Produce Report



| January 30, 2023 |

FSIC's weekly produce report provides highlights of what's going on in the produce markets so restaurants can make informed purchasing decisions.

▼ Prices are down this week ▲ Availability is down or prices are up this week ↔ Price and/or availability is stable or mixed

Apples

↔ The Washington market is mixed. WA supply of Golden Delicious and Fujis are up. Red Delicious, Granny Smith and Galas are down. Light supply. Good demand.

Asparagus

▼ The market is down. Peru supply is down. Light supply and demand.

Avocado

↔ Market is mixed. Mexico supply of 36s, 40s, and 48s are steady. Moderate supply. Light demand 60s and 70s are down. Moderate supply and demand.

Bell Peppers

▼ **Green bell peppers:** Market is down. FL supply is down. Good supply. Moderate demand. Fair quality.

▼ **Red bell peppers:** Market is down. CA supply is down. Good supply. Fair demand. Fair quality.

Berries

▼ **Strawberries:** The market is down. Mexico supply is up. Light supply. Moderate demand. FL supply is up. Moderate supply. Fair demand. Fair supply in all regions.

Broccoli

▼ The broccoli market is down. Good supply and demand. Good quality.

Carrots

↔ The market is steady. Kern, CA and Mexico supply is steady. Moderate supply and demand. Fair quality.

Cauliflower

▲ The cauliflower market is up. Fair supply. Good demand. Good quality.

Celery

▼ The celery market is down. Poor supply. Good demand. Fair quality. Quality issues may include disease pressure.

Cucumbers

▼ Market is down. Western supply out of Mexico through AZ is down. Good supply. Fair demand. Moderate quality.

Grapes

▼ Market is down. Peru supply of all varieties through Philadelphia and New York is down. Moderate supply. Good demand.

Lemons

↔ Market is steady. Moderate supply and demand. Good quality.

Lettuce

▼ **Iceberg:** The iceberg market is down. Good supply. Moderate demand. Good quality.

▼ **Leaf:** The green leaf market is down. Good supply. Fair demand. Good quality. Romaine supply is down. Fair supply. Good demand. Fair quality. High pricing.

Limes

▼ Market is down. Good supply and demand. Good quality.

Melons

▲ **Cantaloupe:** Market is up. Light supply. Fair demand. Fair quality. Imported supplies now available.

▲ **Honeydew:** Market is up. Light supply. Fair demand. Fair quality. Imported supplies now available.

Onions

▼ The jumbo yellow onion is down. WA, OR and ID supply is down. Moderate supply and demand. Possible light supply for summer expected.

Oranges

↔ Market is steady. CA supply is steady. Moderate supply and demand. Good quality.

Potatoes

↔ **Russets:** Market is mixed. WA and OR 70 ct. Norkotahs are flat while 90 ct. are up. ID supply of 70 ct. and 90 ct. are down. Moderate supply and demand.

↔ **Reds:** Market is steady. WI supply is steady. Moderate supply. Good demand.

▲ **Yellow:** Market is up. Central WI supply is up. Moderate supply. Good demand.

Squash

▼ Market is down. Good supply. Fair demand. Fair quality.

Tomatoes

▲ **Rounds:** The market is up. Mexico supply through TX is up. Fair supply. Good demand. Fair quality.

▲ **Cherry:** The market is up. FL supply is up. Moderate supply. Fair demand. Good quality.

↔ **Grape:** The market is steady. Mexico supply through TX is steady. Fair supply and demand. Good quality.

▼ **Romas:** The market is down. Mexico supply through TX is down. Good supply. Moderate demand. Fair quality.