

FSIC's Weekly Produce Report



| March 13, 2023 |

FSIC's weekly produce report provides highlights of what's going on in the produce markets so restaurants can make informed purchasing decisions.

▼ Prices are down this week ▲ Availability is down or prices are up this week ↔ Price and/or availability is stable or mixed

Apples

↔ The Washington market is mixed. WA supply of Fuji is up. Red Delicious, Granny Smith, Honeycrisp and Red Delicious are down. Galas are steady. Light supply. Moderate demand.

Asparagus

▼ The market is down. Mexico supply is down. Light supply. Moderate demand.

Avocado

▲ Market is up. Mexico supply of 36s, 40s, 48s, 60s and 70s is up. Light supply. Good demand. Fair quality.

Bell Peppers

▲ **Green bell peppers:** Market is up. FL supply is up. Light supply. Moderate demand. Fair quality.

▲ **Red bell peppers:** Market is up. Fair supply. Moderate demand. Fair quality.

Berries

▲ **Strawberries:** The market is up. CA and Mexico through TX supply is up. Moderate supply. Fair demand. Fair quality.

Broccoli

▲ The broccoli market is up. Moderate supply. Good demand. Good quality.

Carrots

↔ The market is mixed. Kern, CA supply is down. Fair supply and demand. Fair quality. Mexico supply is up. Moderate supply. Fair demand. Fair quality.

Cauliflower

▼ The cauliflower market is down. Fair supply. Good demand. Good quality. Peaking on smaller sizes.

Celery

▲ The celery market is up. Light supply. Strong demand. Fair quality.

Cucumbers

▼ Market is down. Western supply out of Mexico through AZ is down. Fair supply. Moderate demand. Fair quality.

Grapes

↔ Market is mixed. Peru supply of Red seedless is down. Red Globes are up. Chile supply of Red Seedless is down. Heavy supply. Light demand.

Lemons

↔ Market is steady. Moderate supply and demand. Fair quality.

Lettuce

▼ **Iceberg:** The iceberg market is down. Moderate supply. Good demand. Good quality.

▼ **Leaf:** The green leaf market is down. Good supply. Moderate demand. Moderate quality. Romaine supply is down. Moderate supply. Fair demand. Good quality.

Limes

▼ Market is down. Fair supply. Moderate demand. Fair quality.

Melons

↔ **Cantaloupe:** Market is steady. Fair supply and demand. Fair quality.

▼ **Honeydew:** Market is down. Fair supply. Moderate demand. Fair quality.

Onions

▼ The jumbo yellow onion is down. WA and OR is down. Moderate supply. Light demand. Harvests are reported as lower than this time last year.

Oranges

↔ Market is steady. Moderate supply and demand. Good quality.

Potatoes

↔ **Russets:** Market is steady. WA, ID, and OR supply of 70 ct. and 90 ct. Norkotahs are steady. Moderate supply and demand.

▼ **Reds:** Market is down. MN supply is down. Moderate supply and demand. Fair quality.

↔ **Yellow:** Market is steady. FL supply is steady. Moderate supply and demand. Fair quality.

Squash

↔ Market is steady. Fair supply and demand. Fair quality.

Tomatoes

↔ **Rounds:** The market is steady. Mexico supply through TX is steady. Fair supply and demand.

▼ **Cherry:** The market is down. FL supply is down. Fair supply. Moderate demand. Fair quality.

↔ **Grape:** The market is down. Mexico supply through TX is down. Moderate supply and demand. Fair quality.

↔ **Romas:** The market is mixed. Mexico supply through TX and AZ is steady. Fair supply and demand. Fair quality. FL supply is down. Fair supply. Moderate demand. Fair quality.